



THE PLACE FOR YOU

Rehab 2 Perform is the work environment suited for individuals looking for a combination of athletics and health care. The R2P team provides physical therapy and sports rehabilitation to help individuals in the community reach their greatest potential. For those looking to work on a team that is determined to empower all clients who walk in our doors, many of whom are athletes, this is the place for you.

Rehab 2 Perform is looking for a passionate Physical Therapist eager to work as a Performance Physical Therapist at our Germantown or Mt. Airy location.

This is a great opportunity for a new grad or experienced PT who values clinical excellence, specialization through continuing education, career advancement and teamwork.

JOB SUMMARY:

Adhering to principles consistent with the American Physical Therapy Association (APTA) Code of Ethics and Standards of Practice, the Physical Therapist provides for the evaluation, rehabilitation, treatment and prevention of chronic conditions, illnesses, and/or musculoskeletal injuries.

This is a Performance Physical Therapist position at Rehab 2 Perform. The position focuses primarily on serving active individuals, and those looking to become more active, and delivering high quality physical therapy, sports rehab and performance oriented services to this population. Rehab 2 Perform also places a high value on community engagement as it looks to educate and empower the community that it serves.

JOB DUTIES:

- Conduct initial evaluations of clients' physical health, current condition and concerns, strengths and areas of improvement.
- Educate clients about physical areas of improvement and causes for current physical limitations and difficulties the client is experiencing.
- Educate clients about the steps and methods that will be implemented to improve physical health and performance outcomes.
- Treat, instruct, motivate, and assist clients with their protocol of care, including hands-on work, positioning, and exercise program, to help them achieve their goals.

- Create home exercise plans for clients to follow on a designated schedule; adjust plan of care as needed.
- Re-evaluate progress that the client is making through the physical therapy and/or sports performance process, and adjust the plan of care as needed.
- Write daily notes, progress notes, and discharge notes for clients.
- Physical requirements: walking; demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling and squatting are movements performed daily.
- Participation in staff education and 1 company event every 6 months.

RECOMMENDED EXPERIENCE:

- Graduate of a CAPTE accredited school of Physical Therapy or a school approved by the World Congress of Physical Therapy with preferably a Doctorate of Physical Therapy.
- Maryland State licensure or be eligible for state licensure
- Current CPR card
- CSCS or CFSC (Preferred, but not Mandatory)
- SFMA Level 1 (Preferred)
- Dry Needling (Preferred)
- Experience in a Strength and Conditioning Setting

CHARACTER TRAITS THAT CONTRIBUTE TO SUCCESS:

- Excellent communication and connectivity skills
- Able to manage his/her self and staff; Able to organize and manage priorities
- Able to troubleshoot, strong sense of decision making and judgment;
- Action oriented and approachable
- Motivated and goal-oriented
- Proficient documentation skills
- Organizational buy-in and teamwork skills
- Proficient in utilizing Microsoft Office, Word and Excel and all other technical or software systems Rehab 2 Perform utilizes
- Team player and effective at building and fostering teamwork as well as maintain composure when dealing with conflict
- Active listening skills
- Able to adapt to change
- Effectively manage time, timely decision making and manage priorities
- Passion for learning, self improvement and continuing education

WORKING CONDITIONS:

- Travel Required: Yes
- Hours Required: 40+ hours

ESSENTIAL FUNCTIONS:

- Evaluates all clients referred for physical therapy
- Completion and submission of all reports pertaining to the evaluation via EMR
- Maintains a client treatment schedule consistent with the needs of the clinic
- Confers with person's most closely associated with the active management of the patient and to keep them informed of any additional patient needs, treatment modifications and/or progress
- Treats clients of all ages (e.g. infants, children, adolescents, adults, geriatrics, elderly, ages 0-120 years), race, creed, gender, and disability without bias or prejudice
- Respects and understands the client's right to treatment and right to involvement in treatment decisions
- Practices ethical responsibility based on the cultural, ethnic, and religious beliefs of the patients served and applicable law

- Prepares and submits clinic reports via EMR, assuring confidentiality and following all HIPPA guidelines to include initial evaluations and summaries, daily treatment notes for all clients seen that day under his/her care, progress reports to referring physicians and agencies, discharge reports and summaries, special reports and daily attendance records and summaries
- Ensures clinic maintains a warm, friendly and welcoming relationship with all clients, Rehab 2 Perform staff, all medical and non-medical professionals, vendors and visitors
- Excels in the area of customer services
- Adheres to Rehab 2 Perform's policies, procedures and core values
- Efficiently and accurately uses and teaches technology used in the office, and any software required to complete his/her job or as required by management
- Routinely completes all of HIPAA Privacy and Security training as required by Rehab 2 Perform management team and ensures compliance to these privacy policies
- Participates in regular meetings and attends any training as requested/approved by senior management
- Remains flexible in regards to clinic hours and schedule
- Attends sales luncheons or community outreach events within the area
- Responds to all communications with employees, management, physicians, vendors, and clients within a timely manner to ensure effective communication

Job Type: Full-time, Salaried Position

Benefits:

Medical Insurance benefits will be presented to full time employees through Carefirst BlueCross BlueShield. Investment options are available through a 401k plan, following one (1) year of employment with Rehab 2 Perform. Full time Physical Therapists receive a minimum of 10 paid days off (PTO) and 6 paid holidays per year. Vacation increases incrementally with longevity with the company. Bonuses available, following one (1) year of employment, based on productivity and achievement of standards. Financial assistance of up to \$1,500 is provided to eligible employees for Certification, Training, and Continued Education.

Equal Opportunity Employer:

Rehab 2 Perform provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability or genetics. In addition to federal law requirements, Rehab 2 Perform complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

Rehab 2 Perform expressly prohibits any form of workplace harassment based on race, color, religion, gender, sexual orientation, gender identity or expression, national origin, age, genetic information, disability, or veteran status. Improper interference with the ability of Rehab 2 Perform's employees to perform their job duties may result in discipline up to and including discharge.